

Lose 40kg in just 15 days

Struben's Valley — Everyone's dream diet, where one stands to lose up to 40kg in just 15 days, has finally arrived in Roodepoort.

According to studies, obesity is the most common disease in today's life, directly linked to many civilised chronic diseases.

Based on the country's medical report, 30 percent of deaths each year are attributable to obesity.

More than 30 kinds of diseases are proved complicated with obesity:

- 26 percent of obese individuals suffer from high blood pressure.
- 30 percent of operations on gall bladders are related to obesity.
- 42 percent of breast and colon cancers are related to obesity.
- 70 percent of heart diseases are related to obesity.
- 80 percent of type II diabetes are related to obesity.

Obesity is also a known risk factor for coronary heart disease and strokes.

Statistic shows about 15 billion of the world's population is obese today, and around 1,15 billion of these are suffering from diseases linked to obesity.

Ineffective types of slimming approaches are only constraining the fat from our body and these go against the normal physiological process. Moreover, the body weight is regained once we stop the consumption of the approaches.

All these approaches not only waste money, but are also harmful to our health.

Pursuant to the importance of providing a quality slim care product for the consumers, INS has introduced a nutritionally-balanced, safe, natural and healthy slim care scheme which consumers could use to lose weight while remaining healthy, relaxed and without feeling hungry.

The INS Natural Scheme for Slim Care combines of the most primitive medical theory with modernist biotechnology.

• **DETOXIFICATION** — So Easy is made of hi-fibre and organic elements to dispose of the toxins in our body, in other words, it removes all the chronic faeces accumulated in our colon walls.

• **HEALING** — So Easy consists of 18 types of amino acids, seven types of vegetable extracts, vitamins, omega, minerals and so forth. All these elements assist our body to normalise the metabolism process and hormone secretion.

• **NOURISHING** — The nucleic acid content in So Easy promotes the generation of protein, controls the cell's metabolism process and decides the cells' healthy level.

• **WHEATGRASS** — It provides a balanced diet for revitalising. In addition, it disposes of our body's and blood's toxin, improves the cells functions, restrict the cancer cells and chemical elements to reduce the risk of infected by diseases.

LEARN MORE

Readers who would like to learn more about the amazing INS So Easy Slim Care Nutri-Scheme are invited to call Alice on 011 792 8090 or Dis-Chem on 011 991 3600.

Dis-Chem Struben's Valley not only stocks the INS So Easy Slim Care Nutri-Scheme, but also a whole range of other 100 percent bio healthy products such as INS High Fibre Bio Wheatgrass, Sky Wheat Bio Coffee and Sky Wheat Bio Soya Milk.

Visit Dis-Chem at shop seven, Retail Crossing Shopping Centre, on the corner of Hendrik Potgieter Road and Nic Diederichs Boulevard.