



**Before**

**After**

**Before**

**After**

## TESTIMONY FOR SO EASY SLIM CARE NUTRI-SHCEME

I started the plan on 29 October 2008, my weight was 87kg.

I prepared my self for 5 days before starting the program. Initially difficult, but with my wife also on the program it made it so easy.

My wife has always fed me very healthy everyday. For the first 3 days I regulated twice. But after consuming wheatgrass tea and having more high fiber and massaging my stomach has made me regulate more.

In the end I did not lose as much as my wife, I only lost 4kg, but you can see the changes.

### OUTCOME OF PROGRAM

-Weight : (before) 87kg  
: (after) 83kg  
: lost 4kg

-Positive reaction: no headache, no sugar cravings and more energy.

-Consume water: yes

-Follow program 100%: Yes

-My stomach has shrunk

-Clear skin and body toning

-More energy

-Eating much more healthier now

-Reduced alcohol intake

I will definitely recommend to family and friends.

Kind Regards  
Clive Brinck

