



Before



After



After



Before

TESTIMONY FOR SO EASY SLIM CARE NUTRI-SHCEME

I started the plan on 29 October 2008, my weight was 99kg.
I prepared myself for 5 days before starting the program.

DAY 1-5 : Preparation no problem at all, ate fruits, vegetables and drank a lot of water.

5 day program

■Regulating everyday, Initially I had a very mild headache the first day, but since then it had been a walk in the park. I generally am a healthy person therefore I did not encounter any problem.

OUTCOME OF PROGRAM

- Weight : (before) 99kg
: (after) 93kg
: lost 6kg
- Positive reaction: no headache and more energy.
- Consume water: yes
- Follow program 100%: Yes
- Clear skin and body toning
- Stomach has shrunk
- Abundance of energy
- Eating more healthy even though my colleges laugh at me at work, because of what I eat at lunch, fruit and vegetables !!!

I will definitely recommend SO EASY SLIM CARE NUTRI-SCHEME to family, friends and customers.

Kind Regards
Lyn Brinck.

