

What Does Bio-Trim 1&2 Made Of?



White Kidney Bean Extract - Block digestive enzyme alpha-amylase

Cassia nomame - Block digestive enzyme lipase, promotes thermogenesis with 60-80% fat elimination

Plantago ovata (Psyllium); oat glucan; prune extract; walnut powder; red yeast rice - Bind & absorb fat & cholesterol, normalize blood sugar & triglyceride

Gymnema sylvestre - Controls blood sugar, stabilizes blood glucose after meal

Camellia sinensis (green tea, EGCG) - Stimulate mitochondria to produce energy, increase metabolism of fat

Garcinia cambogia - Breakdown dietary fat & fat storage

Dandelion, Milk Thistle - Blood purification, promote healthy liver function

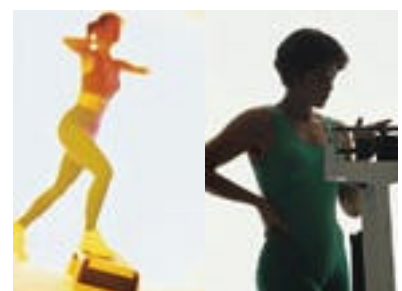
Who Should Use Bio-Trim 1&2?

- 1) People who have problems with weight (gaining & losing weight on and off (especially failed dieting plan))
- 2) People who were on crash diet / yo-yo diet / habit of snacking
- 3) People who were embarking on slimming treatment / program (eat sensibly to see result)
- 4) People who have high cholesterol / Syndrome X as a result of fatty / sugary diet
- 5) People with constipation / fatty liver / leaky gut syndrome



Who Should Not Use Bio-Trim 1&2?

- 1) People with liver and kidney failure / disease
- 2) People with overactive immune system – Lupus (SLE), rheumatoid arthritis, serious allergic reaction, asthmatic
- 3) People allergic to psyllium
- 4) Those taking listed drugs below, please consult doctor for possible interference:
 - Statin drugs
 - Immunosuppressant drugs
 - Fibrate drugs, cyclosporine
 - Anti-fungal drugs
 - High dose prescription of Niacin
 - Insulin injection / medication (for diabetics)



During the Course, you may experience...

Effect/s	Why?	Solution/s
Hunger	Due to Cassia & Green tea which increases output of energy by burning fat from foods/adipose. Therefore leptin hormone will be affected.	Drink lots of water to delay hunger time, so you don't eat more. Water will form bulk with <i>psyllium</i> to delay hunger.
Mild dizziness/headache /sluggishness	Drop in glucose level as a result of alpha-amylase blocking effect by white kidney bean. Combination with drugs for diabetic patient will lead to hypoglycemia. Do not take together as a single dose with InsuPro Forte.	Drink high quality honey with low processed sugar content, e.g Manuka or raw honey to supply sugar to brain. Other factors such as insomnia, lack of sleep, fever, fatigue will affect this slimming program.
Increase in bowel movement / cramps	Prune and walnut extract (dietary fibers) have mild laxative effect when taken together with water/fruit juices/coffee/tea. Feces should be soft, medium long, light brown to tan color and not too watery.	Maintain water intake with addition of salt to replace electrolyte loss. Or take potassium-rich food such as banana or broccoli
Heart beat increase / metabolism increase	Green tea will boosts the body's metabolism, but not significant to cause any discomfort. More sensitive people will feel agitated / insomnia. It will not cause / interfere with heart attack / high blood pressure.	If causes discomfort, reduce BioTrim-2 tabs to 1-2 tabs daily.

Biotrim Advantages:

- 1) No hunger or fasting needed.
- 2) Research done by Department of Physiology, University Malaya, where safety proven.
- 3) With natural plants to achieve slimming result by regulating self system.
- 4) Advance Biotechnology :
 - Fast and significant result obtained
- 5) Breakthrough of blood type therapy:
 - Specially formulated according to different blood type.