

INS Wheatgrass Tea

The Benefits Of Wheatgrass In The Treatment Of Cancer

Dr. Ann Wigmore

Wheatgrass contains ingredients such as, absciss acid, which have anticancer properties. I first came across the properties of absciss acid when it was used to cure a cancer patient called May. She managed to overcome her breast cancer by controlling her diet and by drinking wheatgrass juice as recommended by Hicks Health Centre.

Absciss acid is a kind of hormone found in plants, and its function is to control the germination of the seed in the soil until the environment is suitable for growth. Laboratory tests also showed that only a little amount of absciss acid would be able to suppress the growth of cancerous cell. Injection of absciss acid into a tumor on an animal's body made the tumor disappear.

Dr. Ernest Krebs

Vitamin B17 is the other ingredient found in wheatgrass that may cure cancer. Tests by the renowned bio-chemist Dr. Ernest Krebs have shown that Vitamin B17 is able to eliminate cancerous cells without harming normal cells.

Dr. Otto Waburg

Nobel Prize winner Dr. Otto Waburg has said that cancerous cells multiply in an environment that lacks oxygen. Smoking, diet with high protein, air contamination, respiratory problems, lack of exercise and consumption of food with a high fat content over a long period, will reduce the absorption of oxygen by as much as 25%.

Americans have the highest incidence of cancer because of their diet, lifestyle and environment which result in lowered absorption of oxygen.

Drinking fresh fruit juices, taking deep breaths and drinking wheatgrass would help the body absorb more oxygen enhancing blood circulation. When enough oxygen is transported to various cells in the body, the number of red blood cells is increased.

Manufacturing Process

- 1 Sprouted from the best quality organic wheat.
- 2 High technology internal bacteria-free sprouting environment without chemical fertilizer to ensure that wheatgrass is not contaminated by bacteria or fungus.
- 3 Fresh and healthy wheatgrass is dried and grounded into a powder form under low temperature conditions in order to maintain its original potency.
- 4 INS is the only establishment in Asia that grinds wheatgrass together with its roots into powder. Grinding it together with its roots includes the rich nutrients of the roots and preserves all the balanced nutrients.
- 5 The whole manufacturing process is carried out under low temperatures and in a bacteria-free environment so as to produce the highest quality wheatgrass powder.
- 6 Wheatgrass tea is then analyzed by qualified chemists. Only products, which conform to the highest quality standards and specifications, are allowed to be sold in the market.
- 7 An automatic and individual method is used to package the wheatgrass. Aluminium foil packaging is used, and this process ensures that under the hygienic bacteria-free environment, no oxidation occurs and loss of the product's precious nutrient contents is avoided.
- 8 The laboratory's nutrient analysis is reported and verified by qualified Malaysian chemists.

Cultivation

The Reasons behind Failures in Home Cultivation of Wheatgrass

- 1 Unsystematic ways of handling the residues that remain after the harvest of wheatgrass attracts flies, thus creating an unhealthy environment.
- 2 Wheatgrass has to be planted and grown for about 7-8 days before it can be harvested.
- 3 Producing quality wheatgrass is very time consuming, and spare time is very limited in our modern, busy lifestyle.
- 4 Finding a suitable place to plant wheatgrass is a problem for many urban people today.
- 5 The cost of a press machine is expensive, and it is time-consuming to press out the juice manually.
- 6 Precious nutrients of wheatgrass can be lost due to the lack of knowledge in wheatgrass cultivation.
- 7 Suitable temperature, water and sunlight are important factors in the cultivation of wheatgrass. When the temperature gets too high, wheatgrass plants will easily contract diseases or fungus. Taking juice extracted from infected wheatgrass plants will cause damage to the lungs.

Contra Indications - NONE

	Normal Reaction	Possible Causes
1	Pain in joints & muscles	Wheatgrass contains Potassium & Vitamin E etc., which allows for the expansion of blood vessels. Pain might occur during the process, but will eventually disappear with daily consumption.
2	Itching of the skin	When the skin pores expand, some people experience itching of the skin. It will stop when blood flow improves.
3	Change in Blood Pressure	Wheat grass is able to adjust & harmonize the body's working system. It will return to the optimum condition after a short period of time.
4	Menstrual blood clots.	Wheatgrass will effectively clean blood in the uterus resulting in a thorough menstrual flow.
5	An irregular menstrual cycle	This happens as the result of the adjusting of hormones.
6	Hunger	This is a normal effect as the digestive system improves.
7	Thirst, Constipation	Caused due to a lack of water consumption. (Men: at least 2 litres of water
8	Pimples	During this time, the facial skin is excreting toxins and you should continue to consume the product for its full cleansing effect. Please drink more water.
9	Painful outbreak of old injuries	Wheatgrass expands blood vessels, while repairing tissues. The pains will disappear as time passes.
10	Difficulty in falling asleep	The cleansing of body toxins and the high rate of cell replacement increases vitality. If you have this problem, avoid consuming wheatgrass at night.
11	Tiredness	Due to a change in hormones & the body system. It may occur within 2 months or within a week. Each person differs.
12	Slight tendency to diarrhoea	Wheatgrass is able to clean the intestines effectively and excretes faces through the large intestine. This is a normal occurrence.
13	Hiccups and wind	Hiccups are caused from gasses escaping from the stomach. Wind is created in the large intestine, from incomplete digestion, which has been aided. Wheatgrass assists with better digestion and the absorption of nutrients.
14	Perspiration	People, who over-consume the product, cause a high rate of over stimulation of their metabolism resulting in perspiration & hot flushes. If this occurs, please cut down on the amount consumed.
15	Running nose	This varies according to the health of the consumer. As wheatgrass cleanses the body, toxins are secreted from the mucosa of our mouths, throats and noses. This will reduce with time and constant consumption.
16	Increase in phlegm	Phlegm is the secretion that results from the cleansing and fighting off of bacteria in the mouth, throat and nose.